Monday	Tuesday	Wednesday	Thursday
	4 - 5 PM Kids Jiu-Jitsu		**4 - 5 PM** Kids Jiu-Jitsu
5 - 6 PM Kids Wrestling	**5 - 7 PM** Teens Wrestling	**5 - 6 PM** Kids Wrestling	**5 - 7 PM** Teens Wrestling
6 - 7 PM Teens Wrestling	**6 - 7 PM** Fundamentals Jiu-Jitsu	**6 - 7 PM** Teens Wrestling	**6 - 7 PM** Fundamentals Jiu-Jitsu
7 - 9 PM Competition Jiu-Jitsu	**7 - 9 PM** Competition Jiu-Jitsu	**7 - 9 PM** Competition Jiu-Jitsu	**7 - 9 PM** Competition Jiu-Jitsu